



# Thomas E. Youngdale

## *Associate Attorney*

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Thomas E. Youngdale is an Associate Attorney in our Redding office. He joined LFLM in 2018 and defends insurance carriers, third-party administrators, and self-insured employers in all areas of state workers' compensation law.

Mr. Youngdale has twenty-six years of active practice in insurance defense law firms, in-house insurance company law firms, and applicant's law firms, and is a Certified Self-Insurance Administrator in the state of California. Mr. Youngdale received his law degree from Lincoln School of Law, San Francisco, and his undergraduate degree from Davidson College, North Carolina.

### Professional or Trade Affiliations

Mr. Youngdale has enjoyed progressive (divisional, regional, and corporate) career advancement in claims and litigation management as a risk management professional with major corporations such as Kaiser Permanente, Chevron, and U.S. Steel.

### Practice Areas

- **Workers' Compensation Defense**

### Admitted to Practice

- The State Bar of California, 1984

### Education

- Lincoln School of Law, Juris Doctor, 1979
- Davidson College, Bachelor of Arts in Philosophy, 1968