



John P. Fickes

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John Paul Fickes is an Associate Attorney in our Redding office. When he joined LFLM in 2019, he brought with him over 5 years of experience in Workers' Compensation defense. He represents insurance carriers, third-party administrators, and self-insured employers in all areas of state workers' compensation defense. He has experience representing Defendants from all over the state - having made appearances from Fresno to Eureka and every other Workers' Compensation Appeals Board in between.

Mr. Fickes was born and raised in the Redding area. He graduated from Simpson University with a BA in History. He then earned his law degree from the University of La Verne College of Law.

Practice Areas

- **Workers' Compensation Defense**

Admitted to Practice

- The State Bar of California, 2013

Education

- University of La Verne College of Law, La Verne, Juris Doctor, 2012
- Simpson University, Redding, Bachelor of Arts in History, 2008